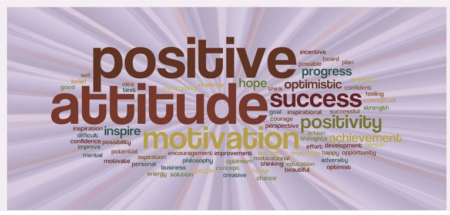
HOUSE CALLS™ Total Wellness

An Individualized Approach to Life Decisions



In Home or Virtual
Award-Winning
Coaching & Counseling

One Team Under One Umbrella!

301-346-6732

www.HouseCallsTotalWellness.com
(previously CallingonBeth.net)

Beth Albaneze, MA, CTRS, CPRP

Certified Therapeutic Recreation Therapist
Certified Rehabilitation Practitioner

Beth Albaneze, owner of House Calls Total Wellness, and her diverse team provide a unique **IN-HOME visit approach** to life transitions/mental health related needs.

House Calls Total Wellness is an award-winning program in the metro Maryland, DC area including nationwide online resources that arranges a variety of specialized behavioral health services designed for children to senior citizens starting in the comfort of one's home or location that the client chooses. The aim of House Calls is to provide a one-stop shop for whatever mental health-related service a client may need.

Whether your child has severe anxiety, a parent is moving to a senior facility or needing to remain safe with supports or your family member has a relative that is isolated for a variety of reasons, House Calls can help. Our team of specialists provide counseling and/or coaching, act as an advocate on your behalf when preparing for school accommodations and acquiring resources, the team creates specific recreation/socialization objectives and help individuals with organization challenges to name a few. Clients don't have to travel to a bunch of locations, identify and enroll in a variety of unrelated programs, and wonder how to pay for them. Whatever the need, House Calls' team of professionals can help clients navigate these complex, emotional paths with fees negotiated just for that client. Beth and her team of specialists assist family members in making difficult decisions about their loved ones and strive to keep the family stabilized by reducing fears with creative alternatives.