

The wonderful **House Calls** team has helped my son more than I thought possible — job counseling, earning his trust, removing the clutter, house cleaning, wonderful financial counseling and just being his friends. Words cannot express how grateful I am for the support they've given me also.

— Parent of a client

## A Team of Specialists Making House Calls

In-home and alternative resources -- and peace of mind -- for clients of all ages and their families

- > Children
- > Adolescents
- > Adults
- > Baby Boomers
- > Seniors



### Award-Winning Programs

- > **Practitioner of the Year**  
Maryland Recreation and Park Association
- > **Community Service Award**  
Washington Bullets (Wizards) NBA Team
- > **Practitioner Award**  
International Association of Psychosocial Services
- > **Outstanding Community Service**  
American Therapeutic Recreation Association
- > **Outstanding Service**  
Best Buddies, Inc.
- > **Outstanding Service**  
National Society of Experiential Education
- > **International Presenter**  
World Congress on Mental Health

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*House Calls accepts major credit cards and PayPal for services.*



# House Calls<sup>LLC</sup>

## An Individualized Approach to Life Decisions



## About Us

Located in the Maryland suburbs of Washington, D.C., **House Calls** was founded in 2004 by Beth Albaneze, CTRS, CPRP, CLP. Beth has more than 40 years of experience as a credentialed rehabilitation and recreation therapist. While she has additional expertise in geriatric care management, she serves clients of all ages. The **House Calls** team is composed of professionals from varied backgrounds who are experienced in providing the guidance, emotional support and resources to walk clients through times of adjustment and transition. **House Calls** provides an array of services for clients and their families.



## We Come to You

As the name suggests, **House Calls** assists clients wherever they are most comfortable. Whether that's in their home, online, or even in a local park or coffee shop, **House Calls** delivers!

**House Calls counsels and consults with individuals and organizations all over the world via email, phone or arranged appointment. The team of highly trained practitioners provides community integration techniques, alternative therapies, guidance, and coordination of resources.**



## Our Services

While the **House Calls** services are vast and comprehensive, examples include:

- > **Full-service, interdisciplinary counseling for individuals or families** in a location of the client's choosing, such as the family home, online, or even a restaurant
- > **Coaching** of all kinds, including life, job, and recovery coaching
- > **Motivating** clients with phobias or social anxiety into non-threatening home- or community-based opportunities, using proven motivational techniques
- > **Rehabilitating** clients of all ages and providing social and recreational restoration through counseling, therapeutic recreation, educational assessments and special accommodations
- > **Organizing**, cleaning and decluttering
- > **Assisting families during life transitions** by finding in-home or long-term care for an elderly relative, for example, or helping arrange school accommodations for a child with developmental delays or other disabilities

With a wide range of integrative strategies, **House Calls** provides clients whatever assistance they need to cope with acute or chronic mental health and medical challenges.

### Advocacy

**House Calls** professionals act as both advocates and case managers for clients experiencing acute and chronic challenges. Team members consult with people making major life decisions, identify subsidies for clients in need, coordinate resources, and make referrals for those unable to navigate the system for themselves. The experienced staff also provides school advocacy, especially for parents preparing to transition their child's accommodations.

### Assessment and Planning

Before anything else, **House Calls** evaluates the issues clients or their loved ones are facing, and identifies an array of appropriate resources and targeted services to ensure they make the best decisions during a life adjustment. The team provides guidance and emotional support while preparing families and helping them develop an action plan.

### Professional Services

**House Calls** also creates contractual agreements, specialized presentations, and training for community providers.