## Strategies For Dealing With A Psych Diagnosis

## Featuring Beth Albaneze, CTRS, CPRP, CLP Thursday, April 25 at Chevy Chase House

## **Program Description:**

The program is designed to give social workers the tools to keep mental health-challenged seniors on their prescribed medications ensuring normal day-to-day functioning. Understand how medication side effects and personality changes may make seniors want to discontinue medications. Speaker Beth Albaneze will outline effective intervention strategies prior and after hospitalization that work with family dynamics and how to maintain strong communication to ensure successful client outcome.

- Reasons why seniors go off medications
- Signs that seniors are off medications and ways they compensate
- Intervention strategies that work with seniors
- Using leverage within family dynamics
- Achieving better communication with community resources

## RSVP TO (202) 686-5504

5280 Connecticut Avenue NW, Washington, DC www.meridiansenior.com/chevychasehouse





Beth Albaneze CTRS CPRP CLP is the Owner and Operator of Award Winning House Calls LLC. She brings nationwide services for teens to seniors in the area of personal life coaching, counseling, community resources, advocacy and/or integration to individuals with life transition or trauma. Beth is a part-time Adjunct Professor at Montgomery College teaching Group Dynamics in the Mental Health program and has been there since 1998.



